



1. GMHS DADUMAJRA

01/04/26

Admission Cell

International Yoga Day Celebration – 21 June 2026

Government Model High School, Dadumajra celebrated International Yoga Day on 21 June 2026 with great enthusiasm. A total of 50 students, 10 teachers, and 5 community members participated in the yoga session.

The session began with warm-up exercises to prepare the body for various yoga practices. Participants performed different yoga asanas and breathing exercises under guidance, promoting physical fitness, mental well-being, and a healthy lifestyle. The significance of yoga and its role in maintaining harmony between the body and mind was also shared with the participants.

The program concluded with cooling-down exercises and Shavasana, allowing participants to relax and rejuvenate. Bananas were distributed as a healthy refreshment after the session to encourage healthy eating habits.

The celebration provided an opportunity for students and community members to experience the benefits of yoga and inspired them to incorporate yoga into their daily lives for overall health and well-being.



GMHS DADUMAJRA

01/04/2026

Great initiative by Chandigarh police! Today, they organized a self-defense and safety awareness session at GMHS Daddu Majra. The 'Swayam' team taught girls valuable self-defense techniques and boosted their confidence.



GMHS Dadumajra, 1st April 2026

The new session began on a spiritual note with a prayer ceremony, where students and teachers sought blessings from Saraswati Mata for a fruitful year ahead 🙏. Head Mistress, Mrs. Arvinder Kaur, extended her warm wishes to students and staff for a successful and enriching academic session. Refreshments were served, setting a positive tone for the new session!



REPORT: WELCOME DAY CELEBRATION

Govt. Model High School, Dadu Majra, Chandigarh

Date: April 01, 2026

Occasion: Commencement of New Academic Session (2026-27)

INTRODUCTION :

The Govt. Model High School, Dadu Majra, Chandigarh, wore a festive look today as it celebrated "Welcome Day" for the Pre-Primary sections, specifically Balvatika 1, 2, and 3. The event marked the beginning of the new academic session, aimed at making the youngest learners feel at home in their new educational environment.

EVENT HIGHLIGHTS :

The school premises were vibrantly decorated with colorful balloons, educational posters, and creative charts displaying "New Chapter Goals." The atmosphere was filled with excitement and warmth as teachers and staff welcomed the tiny tots.

* Traditional Welcome: In a heartwarming gesture, the students were welcomed with a traditional 'Tilak' ceremony, symbolizing a propitious start to their journey of learning.

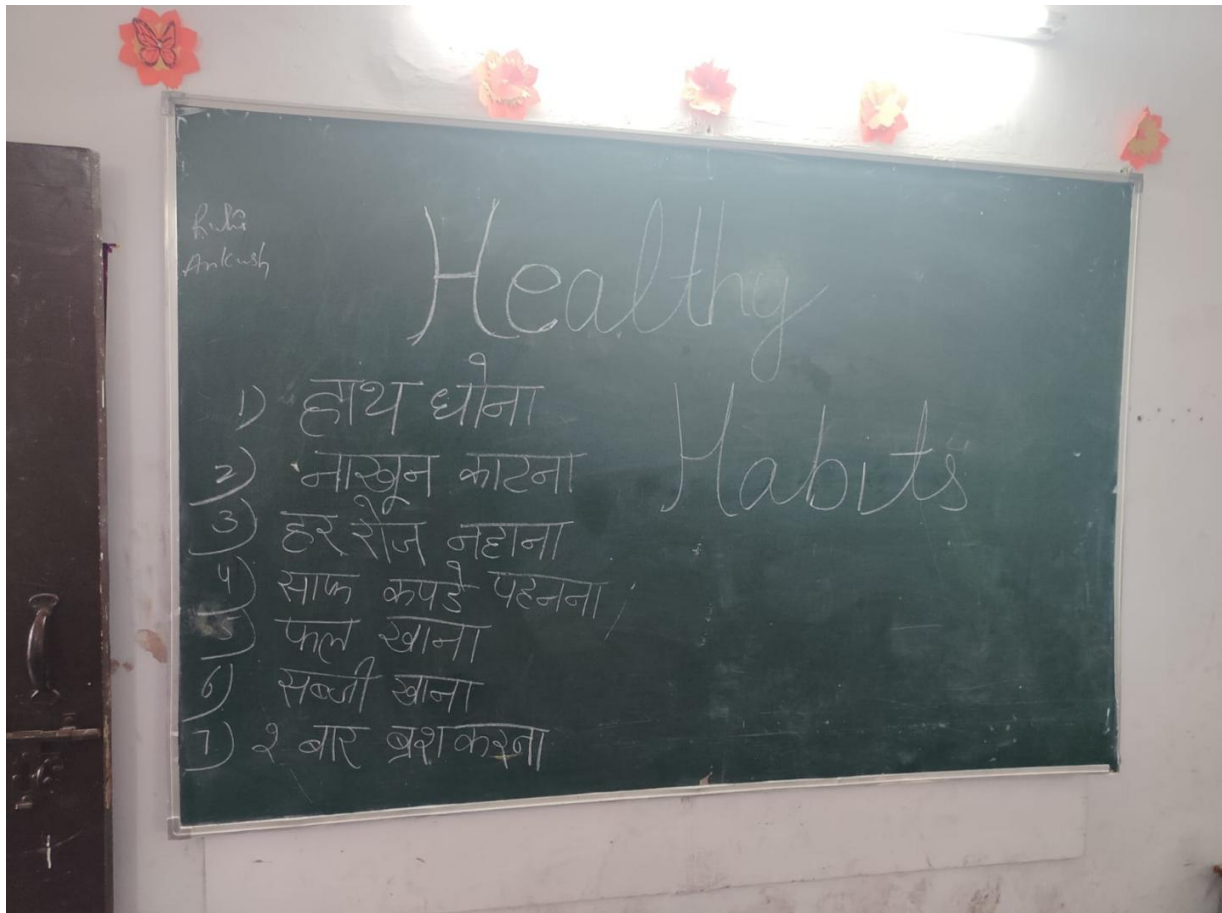
* Interaction: Class teacher Ms. Jai Lakshmi engaged with the children and their parents, ensuring a smooth transition for the newcomers into the Balvatika classes.

* Chief Guest Address: The event was graced by the Headmistress, Mrs. Arvinder Kaur. In her address, she emphasized the importance of early childhood education and encouraged parents to be active partners in their child's growth. She also lauded the efforts of the staff in creating a colorful and inviting "Bal Vatika" (Children's Garden).



World Health day was celebrated on 7th April 2026 with theme "Together for health stand with science". The main point discussed with students are....

1. Eat a balanced and nutritious diet .
- 2 .Exercise regularly.
3. Maintain cleanliness and hygiene.
4. Avoid junk food and harmful substances.
5. Take care of mental health.
- 6 Exercise regularly.



GMHS Dadumajra, 13/04/2026

Dr. B R Ambedkar Jayanti and Baisakhi were celebrated today with great enthusiasm . Students presented speeches,poems and posters highlighting Dr. Ambedkar's contributions to social justice and Baisakhi's significance as a harvest festival.On this day in 1699, Shri Guru Gobind Singh Ji founded the Khalsa Panth at Anandpur Sahib. Teachers emphasized equality, justice, and the spirit of harvest, making the event a huge success.



स्वस्थ एवं पौष्टिक व्यंजनों पर रिपोर्ट

विषय: स्वस्थ एवं पौष्टिक रेसिपी साझा करने की गतिविधि

तारीख: 15/04/2026

स्थान: गवर्मेन्ट मॉडल हाई स्कूल दादू माजरा

प्रस्तावना: स्वस्थ जीवन के लिए संतुलित और पौष्टिक आहार अत्यंत आवश्यक है। इसी उद्देश्य से विद्यालय/कक्षा में "स्वस्थ एवं पौष्टिक रेसिपी" विषय पर एक गतिविधि आयोजित की गई, जिसमें छात्रों ने बढ़-चढ़कर भाग लिया।

गतिविधि का विवरण:

इस गतिविधि के अंतर्गत छात्रों को घर से या स्वयं तैयार की गई स्वस्थ रेसिपी लाने और उसके पोषण संबंधी गुणों के बारे में जानकारी देने के लिए प्रेरित किया गया। छात्रों ने विभिन्न प्रकार के पौष्टिक व्यंजन प्रस्तुत किए, जैसे—

अंकुरित सलाद, फल चाट, ओट्स उपमा

हरी सब्जियों का सूप

दही और सूखे मेवों से बने व्यंजन

मुख्य उद्देश्य:

छात्रों में स्वस्थ खान-पान की आदत विकसित करना

जंक फूड के प्रति जागरूकता बढ़ाना

पोषण के महत्व को समझाना

आत्मनिर्भरता और रचनात्मकता को बढ़ावा देना

इस गतिविधि से छात्रों में स्वास्थ्य के प्रति जागरूकता बढ़ी और उन्होंने स्वादिष्ट के साथ-साथ पौष्टिक भोजन के महत्व को समझा। सभी छात्रों ने उत्साहपूर्वक भाग लिया और एक-दूसरे से नई-नई रेसिपी सीखी।



Report on Menstrual Hygiene Session – Govt. Model High School, Dadumajra

Date: 15 April, 2026

A menstrual hygiene awareness session was conducted for 52 girls at Govt. Model High School, Dadumajra by teachers Ms. Promila and Ms. Disha Kaushik. The session explained the importance of hygiene during menstruation, proper use of sanitary pads, and safe disposal methods. Students were introduced to Jan Aushadhi Suvidha Sanitary Napkins and informed about the use of sanitary pad vending and disposal machines installed in the school. The interactive session addressed doubts and promoted health and confidence among the girls.



*Report on Anaemia and Adolescent health

– Govt. Model High School, Dadumajra*

Date: 16 April, 2026

Activities :

1 Awareness session on iron rich food.

2 chart display- Boost your hemoglobin

3 Role play

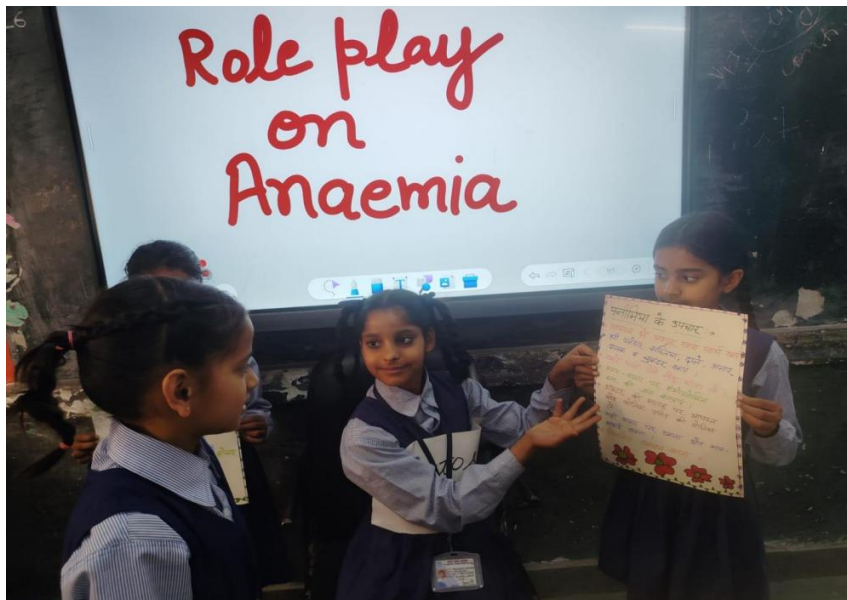
The main objectives of the activities were:

To create awareness about anemia.

To promote healthy eating habits.

To inform students about iron-rich foods.

To encourage early detection and treatment.



Poshan Pakhwada

Report on Yoga Session

Government High School, Dadumajra

Date: 16th April, 2026

A Yoga Session was successfully conducted at Government High School, Dadumajra with the aim to promote physical fitness, mental well-being, and awareness about the importance of yoga and sports in daily life.

The session began with a live demonstration by the yoga instructor, school teachers, and students. Various asanas such as Tadasana, Vrikshasana, Bhujangasana, Vajrasana, and Surya Namaskar were performed. Students participated with great enthusiasm.

A short lecture was delivered on the significance of yoga and regular sports activities. The speaker highlighted how yoga helps improve concentration, reduces stress, builds immunity, and maintains discipline in student life.



Alumni Meet

On 18th April 2026, an Alumni Meet was successfully organized at Government Model High School, Dadumajra. A total of 11 alumni participated in the event, making it a warm and memorable gathering, including Mr. Surjeet from the 1989 batch, one of the oldest students of the school.

The alumni were welcomed with a traditional tilak ceremony, followed by a formal address by the Headmistress, Mrs. Arvinder Kaur, which set the tone for a warm and inclusive atmosphere. Furthermore, the staff members also joined in, making the event truly special. The event was filled with nostalgia as the alumni fondly shared their cherished childhood memories and reflected on their inspiring journeys of success.

The meet created a beautiful opportunity to reconnect, celebrate shared experiences, and strengthen the bond between the school and its alumni.



Poshan Pakhwada

Report on Eat Right Stay Bright

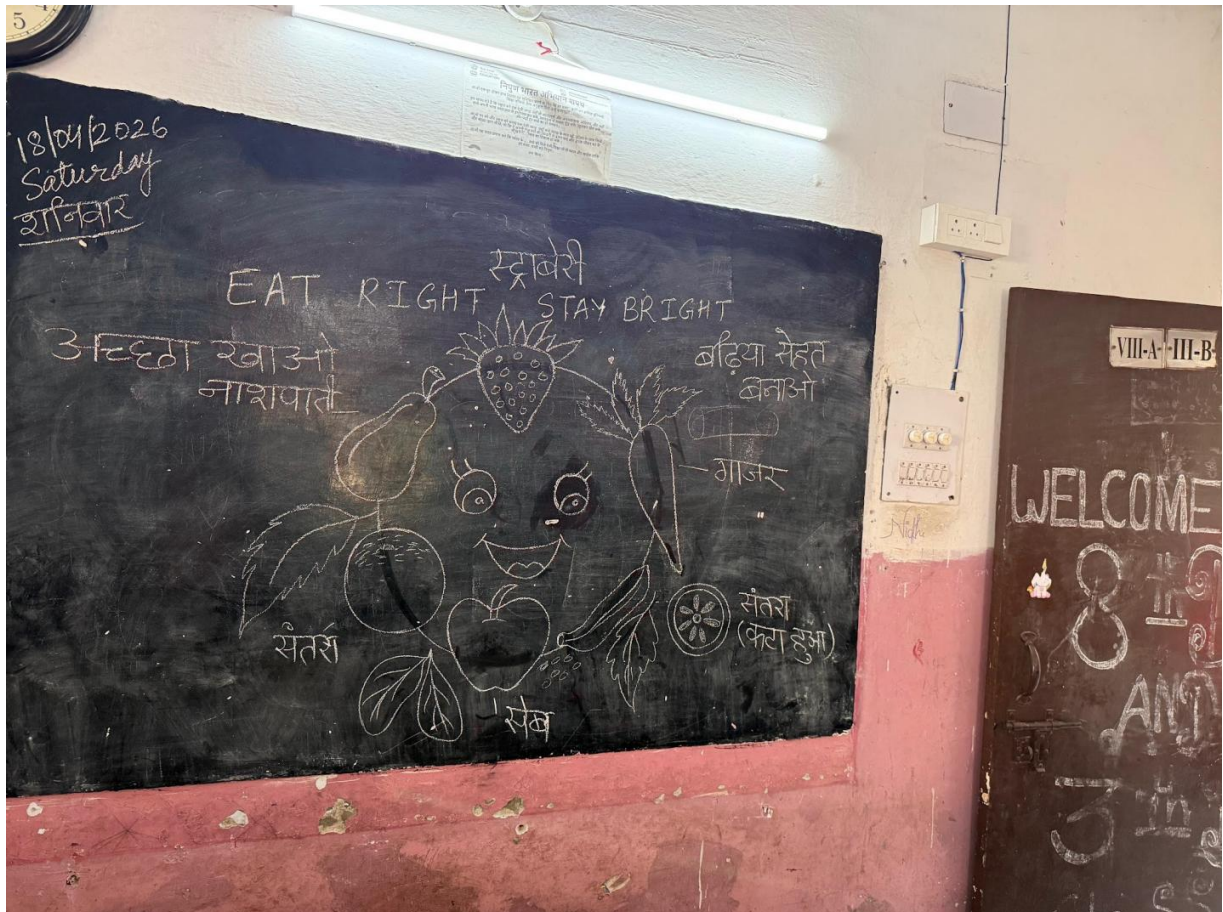
Government High School, Dadu Majra

Date: 18th April, 2026

Under Poshan Pakhwada, an activity based on the theme “Eat Right, Stay Bright” was successfully conducted for primary classes at Government High School, Dadu Majra. The main objective of the activity was to create awareness among young learners about the importance of a balanced and nutritious diet for maintaining good health.

Students actively participated in drawing, poster-making, and slogan-writing activities related to healthy eating habits. Through their creative work, they expressed ideas about eating fresh fruits, vegetables, and avoiding junk food. The activity also helped in developing their creativity, understanding, and awareness about healthy lifestyle choices.

All students participated with great enthusiasm and maintained proper discipline throughout the activity. The classrooms were filled with colourful and meaningful drawings, reflecting their understanding of the theme.



Report on Nutrition for Brain Development Awareness Session

An awareness session on "Nutrition for Brain Development" was conducted for 62 students and 5 teachers. The session covered key nutrients like protein, iron, omega-3 fatty acids, vitamins, and water essential for memory, focus, and learning. Importance of avoiding junk food and skipping meals was discussed. Healthy habits such as eating breakfast, colorful fruits and vegetables, and staying hydrated were emphasized. The session aimed to promote better eating choices for improved academic performance and overall brain health.



Report on Session: Nutrition & Cognitive Development
Government Model High School, Dadumajra
Date: 20th April, 2026

A session on Nutrition & Cognitive Development was conducted at Government Model High School, Dadumajra to create awareness about the importance of a balanced diet for better brain development and overall health.

The session included an interactive presentation on essential nutrients and their role in improving memory, concentration, and learning ability. Students of Classes 1 to 5 actively participated with great interest.

A brief talk highlighted healthy eating habits, regular meals, and the importance of avoiding junk food.

A total of 68 students and 3 teachers participated in the session.

Overall, the session was informative and beneficial.





****Date: 21 April, 2026****

***Theme*: Impact of Social Media on Students & Role of Family**

Scene 1: Negative Influence

- Student 1: Scrolling Instagram/Facebook/TikTok late at night, skipping meals, copying unhealthy diet trends.
- Student 2: Shows effects – tiredness, poor concentration, low confidence due to body image comparisons.

Scene 2: Peer Pressure & Distraction

- Student 3: Ignores homework to make reels and follow trends.
- Student 4: Feels anxious due to likes/comments and reduced study time.

Scene 3: Family & Community Support

- Parent role: Guides child on fixed screen time, balanced meals, and open discussion.
- Teacher role: Encourages use of social media for learning, awareness pages, and creative skills.
- Friend role: Motivates group to take digital breaks and play outdoors.

Webinar on Earth Day





Report on Session: Poshan Ki Kahani, Dadi Ki Zubani
Government Model High School, Dadumajra
Date: 22th April, 2026

A session titled “Poshan Ki Kahani, Dadi Ki Zubani” was conducted to spread awareness about the importance of nutrition for cognitive development and overall health.

The session was delivered in an engaging storytelling format, helping young learners understand the role of essential nutrients in improving memory and learning ability. Students of classes 3 to 5 participated actively with great enthusiasm.



World Earth Day Report

Government Model High School, Dadumajra Village, Chandigarh

On 22 April 2026, Earth Day was celebrated in our school. A total of 14 students and 8 teachers participated.

Students made posters, delivered short speeches, and took part in a cleanliness drive and plantation activity. Teachers guided them about saving the environment and reducing pollution.

The program was simple and effective, spreading awareness about protecting our Earth.

Under the supervision of Ms. Arvinder Kaur (Headmistress), Govt. Model High School, Dadumajra, Chandigarh, World Earth Day was celebrated on 22 April 2026 in the school campus.

Students and teachers participated in various activities to spread environmental awareness.

Pledge:

Students pledged to save water and electricity, plant trees, reduce pollution, and keep surroundings clean.

Poster Making:

Students made posters with messages like "Save Earth" and "Go Green".

Awareness Session:

Teachers explained the importance of protecting nature, reducing plastic use, and recycling.

Poem:

Earth is our home so bright,
Keep it clean, keep it right.

Conclusion:

The event inspired students to protect the Earth and adopt eco-friendly habits.



On 23rd April 2026, the students of Class 3 at Government Model High School, Dadumajra, presented a role play on Healthy Habits to spread awareness about personal hygiene and the importance of maintaining cleanliness. The activity aimed to encourage students to adopt good hygiene practices in their daily lives.



Report on Drug-Free Education Lecture by Anti Narcotics Task Force Chandigarh (ANTF).

A drug-free education lecture was organized at our institution with the aim of raising awareness about the harmful effects of drug abuse and promoting a healthy, addiction-free lifestyle among students. The session was conducted by members of the narcotics department, who brought valuable insights and real-life experiences to the discussion.

During the lecture, the speakers shared real-life case studies to illustrate how individuals fall into addiction and the challenges they face while trying to recover. They also discussed the legal consequences of drug possession and trafficking. They also shared Manas Helpline number 1933.

Overall, the session was highly informative and impactful. It helped students understand the dangers of drugs and motivated them to lead a disciplined and drug-free life



Report on World Malaria Day Celebration

Date: 25 April 2026

Venue: GMHS Dadu Majra.

On the occasion of World Malaria Day, an awareness program was organized to educate students and staff about the causes, prevention, and treatment of malaria. The program began with an awareness session where participants were informed about how malaria spreads through the bites of infected mosquitoes. The school notice board was decorated with informative charts, posters, and slogans related to malaria awareness.

The World Malaria Day activities helped in educating and inspiring students to fight against malaria through awareness and preventive actions.



Report on Menstrual Hygiene Session – Govt. Model High School, Dadumajra

Date: 25 April, 2026

A menstrual hygiene awareness session was conducted for girls at Govt. Model High School, Dadumajra . The session explained the importance of hygiene during menstruation, proper use of sanitary pads, and safe disposal methods. Students were introduced to Jan Aushadhi Suvidha Sanitary Napkins and informed about the use of sanitary pads. The interactive session addressed doubts and promoted health and confidence among the girls.



GMHS Dadumajra takes immense pride in announcing that *Dishant*, a student of *Class 8*, has brought laurels to the school by securing *First Position* in the *-60 Kg category* at the *Chandigarh State Inter-School Karate Competition 2025-26*.

Displaying remarkable skill, discipline, and sportsmanship, Dishant outperformed his opponents in all the bouts and clinched the gold medal in his weight category.

Dishant was *felicitated by the Headmistress* in the morning assembly. She congratulated him for his dedication and encouraged all students to actively participate in sports for all-round development.

The Headmistress, staff, and students congratulate Dishant on his success and wish him many more victories in the future. His achievement serves as an inspiration for other students to pursue excellence in both academics and co-curricular activities.



Report: Mother's Day Celebration Government Model High School, Dadumajra, Chandigarh

Date: 11 May 2026

Event Overview:

Government Model High School, Dadumajra, Chandigarh, hosted a vibrant and heart-warming Mother's Day celebration for its Pre-Primary wing. The event was graced by the esteemed Chief Guest, CRC- Ms.Renu Soni, alongside Headmistress -Ms. Arvinder Kaur. The program was successfully organized under the dedicated guidance of NTT teacher Ms.Jai Lakshmi.

Highlights of the Day

- 1.Creative Welcome: A beautifully handcrafted "Selfie Stand" (as seen in the photo) decorated with paper flowers, butterflies, and colorful cut-outs provided a festive backdrop for mothers and children to capture lifelong memories.
- 2.Student Performances: The tiny tots of the Pre-Primary classes stole the show with adorable dance performances dedicated to their mothers.
- 3.Fun-Filled Activities: The mothers participated with great zeal in a "Mother's Ramp Walk" and a spirited game of Musical Chairs, adding excitement and laughter to the day.
- 4.Cake Cutting Ceremony: A special ceremony was held where mothers and children joined together for a cake cutting, symbolizing their sweet and inseparable bond.

Prize Distribution & Refreshments:

The Chief Guest ma'am and Headmistress ma'am honored the winners of the mothers' competitions with prizes for the First, Second, and Third positions. To conclude the festivities, healthy and delicious refreshments—including bananas, biscuits, and cake—were distributed to all the young students.



Report – Menstrual Hygiene Awareness & Gender Sensitisation Program
Govt. Model High School, Dadumajra, Chandigarh

Date: 11 May 2026

Under the supervision of: Ms. Arvinder Kaur, Headmistress. A Menstrual Hygiene Awareness and Gender Sensitisation program was conducted at Govt. Model High School, Dadumajra for students of Classes 6 to 10. The lecture was given by Mr. Inderpal and Ms. Vanita from the Rotary Club. They addressed the girls on menstrual health, explaining menstruation as a natural biological process. Topics included the importance of hygiene, proper use and disposal of sanitary pads, managing period cramps, and busting common myths. The session encouraged girls to speak openly and seek help without hesitation.

Simultaneously, a gender sensitisation session was held for boys where Mr. Inderpal and Ms. Vanita explained the need for empathy, respect, and support towards girls during menstruation. The boys were encouraged to break stereotypes and avoid teasing or sham.



Today, Emerson Mohali donated eleven laptops to Government High School, Dadumajra, Chandigarh, for ATL and STEM lab activities in the school. Emerson, in collaboration with Learning Links Foundation, has been running the “Gyan Shakti – Whole School Transformation Program” in the school. Three officials from Emerson Mohali and members of Learning Links Foundation were present on this occasion.

Coordinator Mr. Bharat Bhushan, TGT Social Science and ATL Incharge, expressed his heartfelt thanks to the Emerson team for their generous efforts and support towards enhancing digital and STEM learning opportunities for students.

Headmistress Mrs. Arvinder Kaur also conveyed her gratitude and appreciated the continuous efforts of Learning Links Foundation and Mr. Bharat Bhushan, who has been consistently coordinating with Emerson to make such initiatives possible, enabling students to learn in a better and more innovative way.



Report on National Dengue Day

Date: 16 May 2026

Venue: GMHS DADU MAJRA

National Dengue Day was observed on 16 May to spread awareness about dengue fever and its prevention.

An awareness program was organized for students.

The session began with information about dengue, its causes, symptoms, and prevention methods. Students were informed that dengue spreads through the bite of the Aedes mosquito and that it breeds in clean, stagnant water. They were advised to keep their surroundings clean and avoid water collection in coolers, flower pots, and open containers.

During the program, posters were also made by the students to spread awareness about dengue prevention. The posters carried important messages such as “Stop Dengue”, “Do Not Let Water Collect”, and “Keep Your Surroundings Clean”.



Report on SPIC MACAY Event at GMHS Dadumajra.

A cultural programme under the banner of SPIC MACAY was organized at Government Model High School Dadumajra with great enthusiasm and zeal. The event aimed to promote Indian classical music, culture, and heritage among students and to inspire young minds.

The programme was conducted under the guidance of Headmistress Mrs. Arvinder Kaur, whose constant encouragement and support made the event a grand success. The event was efficiently coordinated by Ms. Rekha Rani, who ensured smooth organization and active participation of the students.

Students were introduced to the objectives of SPIC MACAY, and the basics with hands on practice performance was given by Mrs. Sayani Chakarborty.

The students participated wholeheartedly and showed keen interest throughout the programme. Such events help students develop respect for Indian traditions, improve cultural understanding, and encourage creativity and discipline.

At the end of the programme, Headmistress Mrs. Arvinder Kaur thanked the artists and school staff for providing students with a memorable learning experience.

The SPIC MACAY event proved to be highly educational, informative, and inspiring for everyone present.



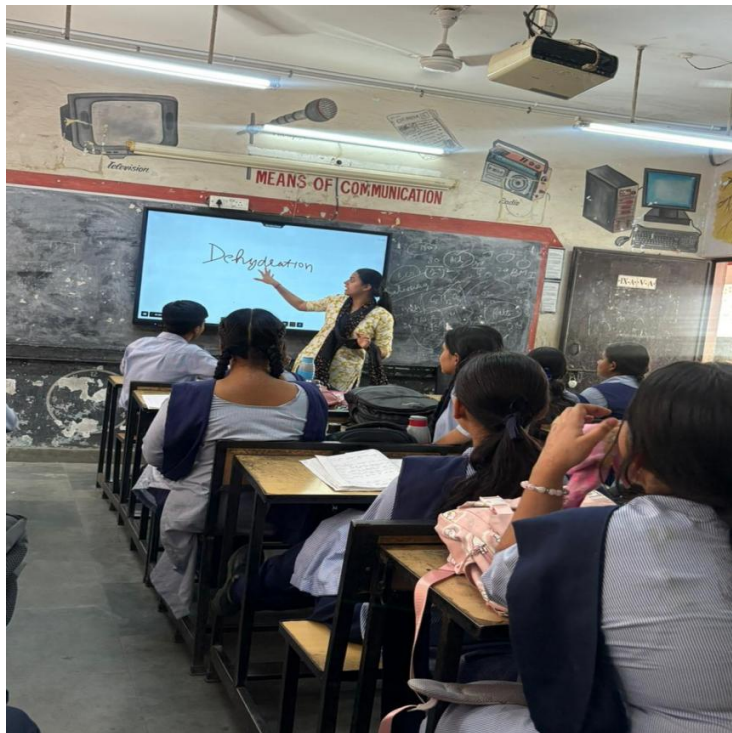
Report : Awareness session on Heatwave and dehydration.

Date : 21/05/2026.

Venue : GMHS Dadu majra.

An awareness session was organized in the school to educate children about heatwave (loo) and dehydration. During the session, students were informed about the harmful effects of extreme heat in summer and how it can affect health. They were told that dehydration happens when the body loses too much water, which can cause weakness, dizziness, headache, and tiredness.

Children were guided about the precautions to stay safe from loo and dehydration. They were advised to drink plenty of water, ORS, lemon water, and fresh juices. They were also encouraged to wear light cotton clothes, use caps or umbrellas while going outside, and avoid playing in direct sunlight during afternoon hours.



PTM 22/05/2026



Report on World No Tobacco Day

Date - 31/05/2026

On the occasion of World No Tobacco Day, students and parents took a pledge to stay away from tobacco through online mode. Students also participated enthusiastically by creating informative and creative posters highlighting the importance of a tobacco-free society.

The activity helped increase awareness among students and parents about the health risks associated with tobacco use and motivated them to make healthy choices for a better future.



Report on World Environment Day 2026 Celebration

World Environment Day Celebration Report

World Environment Day was celebrated with great enthusiasm on 5 June 2026 in the school premises under the able supervision and guidance of Head Teacher Mrs. Arvinder Kaur. The event aimed to spread awareness about environmental protection and encourage students to develop eco-friendly habits.

On this occasion, teachers and students actively participated in a tree plantation drive. Various saplings and ornamental plants were planted in different parts of the school campus. The students enthusiastically took part in digging, planting, watering, and caring for the plants. Teachers guided the children about the importance of trees in maintaining ecological balance, reducing pollution, and creating a healthy environment.

The programme also highlighted the need to conserve natural resources and keep the surroundings clean and green. Students pledged to protect the environment by planting more trees and avoiding activities that harm nature.

The celebration was a great success and inspired everyone to contribute towards a greener and healthier planet. The efforts of Head Teacher Mrs. Arvinder Kaur, teachers, and students made the event meaningful and memorable.



