

Contest and Competition

Contests and competitions are an integral part of school education.

Academic Competitions

- Quiz Competitions
- Debate Competitions
- Science Project Exhibitions
- Mathematics Olympiad
- General Knowledge Competitions
- Elocution Competitions
- Talent Shows and Academic Performances
- Participation in Inter-School Academic Competitions

Sports Competitions

- Yoga Sessions and Competitions
- Cricket Tournaments
- Chess Competitions
- Karate Training and Competitions
- Athletics and Track Events
- Annual Sports Day
- interschool Sports Participation
- Inter-House Sports Competitions

Literary Competitions

- Essay Writing (English, Hindi, Punjabi)
- Storytelling
- Creative Writing
- Poetry
- Language Festival
- Book Reviews
- Calligraphy

Facilities and Resources

- Sports Ground
- Indoor Sports Facilities
- Library
- Science Laboratories
- Audio-Visual Aids

Major Events

- Annual Sports Day

- Language Festival
- Science Exhibition
- Inter-House Competitions
- Republic Day
- Independence Day
- Children's Day
- School Talent Show
- Inter-House Cultural Competitions
- Inter-School Participation

Conclusion

These activities nurture confidence, leadership, discipline, creativity, sportsmanship, and overall personality development.